



# IRIS and Brief Intervention Training



## What is IRIS?

The Indigenous Risk Impact Screen (IRIS) is a screening tool that assesses clients on two factors, their alcohol and other drug usage and any mental health issues. The screen provides prompt information regarding the client's social and emotional health as well as possible treatment, referral and intervention or assessment pathways.

IRIS has been developed to assist in addressing recommendations in both state and national reports in 2006 which identified the need for such a tool. The program has since been rolled out nationally.

The screen has been validated as a culturally appropriate screening tool for working with Aboriginal and Torres Strait Islander people and has been included in the Department of Health and Aging – Alcohol Treatment Guidelines for Indigenous Australians.

(<http://www.health.qld.gov.au/atod/prevention/iris.asp>)

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